

## Creativity, Activity, & Service (CAS) Requirement IB DP – Grades 11 & 12

The Creativity, Activity, & Service (CAS) requirement for IB DP focuses on students completing 7 Learning Outcomes. CAS combines aesthetic, athletic, creative, and service-minded experiences outside of the classroom, allowing students to demonstrate *IB Learner Profile* attributes in real and practical ways. Successful completion is expressed qualitatively, not quantitatively, so there is **NO REQUIRED HOURS**. Students are **REQUIRED** to complete each of the 7 Learning Outcomes as well as THREE Documented Interviews and a CAS Project by the end of IB DP (grades 11 & 12 combined).

**Students evidence completion of the CAS Requirement and CAS Project in ManageBac by completing the following steps:**

1. Select Add CAS Experience
  - a. Complete “Experience Name”
  - b. Select the “Strand(s)”: Creativity, Activity, and/or Service
  - c. Select the “Approach(es)”: On-Going, School-Based, Community-Based, and/or Individual
  - d. IF Selecting Service, then Select the “Type of Service Action”: Direct, Indirect, Advocacy, or Research
  - e. Add “Start Date” and “End Date”
  - f. Complete “Supervisor Name” and “Supervisor E-mail” (NOTE - “Title & “Contact Number” are Optional)
  - g. Describe the Activity in the Box Provided
  - h. Select the “Targeted Learning Outcomes”:
    - i. Strength & Growth
    - ii. Challenge & Skills
    - iii. Initiative & Planning
    - iv. Commitment & Perseverance
    - v. Collaborative Skills
    - vi. Global Engagement
    - vii. Ethics of Choices & Actions
  
2. Click Add CAS Experience

**ONCE APPROVED**, then there will be a **BLUE THUMBS UP** beside the activity and students can complete the activity. **Once the activity is completed, then students continue with the steps.**

3. Select Add New Reflection & Evidence

Reflection Guidelines	Evidence Guidelines
<ol style="list-style-type: none"> <li>1. What do you perceive and notice?</li> <li>2. How do you feel being involved?</li> <li>3. What do you think and feel about the activity itself?</li> <li>4. What does the activity mean to you?</li> <li>5. What value does the activity have?</li> <li>6. What did you learn from this activity and how might you apply this lesson to your life?</li> </ol>	<ol style="list-style-type: none"> <li>1. Planning &amp; Organization</li> <li>2. Effort &amp; Commitment</li> <li>3. Active Reflection</li> <li>4. Personal Development &amp; Achievements</li> </ol>

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4. **AFTER completing the Reflection & Evidence**, then click “Request Supervisor Review”. Once the Supervisor marks the activity as COMPLETE, then there will be a **GREEN CHECK MARK** beside the activity. (NOTE – Students can turn in a signed *CAS Completion Form* to the SA/CAS Coordinator versus having the Supervisor mark the activity COMPLETE.)

**Successful completion of CAS is a REQUIREMENT for the award of the IB Diploma.**

Additionally, students **MUST** do the following:

1. Complete three (3) documented interviews with the SA/CAS Coordinator (Beginning of the CAS Programme, End of the First Year of the CAS Programme, & End of the CAS Programme)
2. Undertake a CAS Project of **at least** one month’s duration

**Interviews** can be completed in the “Notes & Interviews” section of *ManageBac* by completing the following steps:

1. Enter Feedback in the Box Provided:
  - a. Beginning: Plans for On-Going CAS Experiences/Reflection/Evidence
  - b. End of First Year: Progress & Year 2 Plans
  - c. End of CAS Programme: Overall Accomplishments within the CAS Programme
2. Click on “Record as Interview Note”
3. Click on “Post Note”

**CAS Projects** can be completed in *ManageBac* using the same steps as outlined in Add CAS Experience. A CAS Project is a collaborative, well-designed series of sequential CAS Experiences that engage students **COLLABORATIVELY** in one or more of the CAS Strands. The development of initiative, perseverance, cooperation, problem-solving skills, and decision-making skills are intended outcomes. A MINIMUM of one month is required from planning to completion. Four reflections are required (Beginning Individual, Middle Individual, End Individual, & One Group).

EXAMPLES:

1. Creativity: A student group plans, designs, and creates a mural.
2. Activity: Students organize and participate in a sports team including training sessions and matches against other teams. (NOTE – This is student initiated. It does NOT include organized school teams & pre-organized recreational teams.)
3. Service: Students set up and conduct tutoring for people in need.
4. Creativity and Activity: Students choreograph an ORIGINAL routine for their marching band.
5. Service and Activity: Students plan and participate in the planting and maintenance of a garden with members of the local community.
6. Service and Creativity: Students identify that children at a local school need backpacks and subsequently design and make the backpacks out of recycled materials.
7. Creativity, Activity, and Service: Students rehearse and perform a dance production for a community retirement home.